

What is PAFT?

PAFT is based on the philosophy that parents are their children's first and most important teachers, and offers support and guidance to parents in this role.

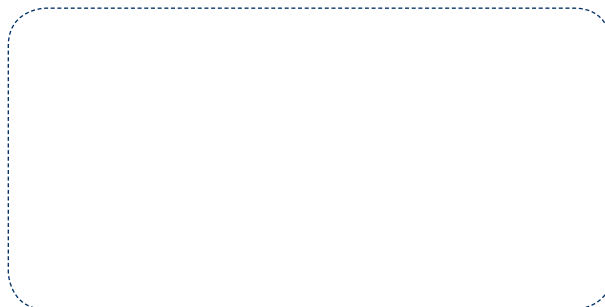
PAFT is funded by the Government.

PAFT provides free, practical, effective help to families. This support lasts from before your baby is born until your child's third birthday.

Families who take part in PAFT can also continue to use other Early Childhood Education, Health and Social Services.



If you would like more information please contact:



Giving children the best start in life...

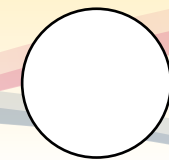
Parents as First Teachers

*Ko ngā Matua
hei Kaiako Tuatahi*

Giving children the best start in life...

Parents as First Teachers

*Ko ngā Matua
hei Kaiako Tuatahi*





What sort of information will you be given?

Parent Educators will share with you:

- what to look for and expect as your child grows and develops
- ways you can provide exciting, educational and inexpensive experiences for your child
- how to use everyday experiences as learning opportunities for your child
- how to help your child develop a love of books and stories
- practical ideas on creating a safe environment that is exciting and fun
- ideas for setting realistic limits for your child's behaviour and what to do about problems
- ways to help your child grow to his or her full potential.

How does PAFT work?

Trained Parent Educators will provide:

- regular home visits to share information, practical ideas, and give guidance as your child grows and develops
- continual checking of your child's growth and development, including vision and hearing
- group meetings where further information is presented about child development and you will have an opportunity to share your experiences and concerns with other parents.

Times for home visiting by the Parent Educator will be arranged to suit you and your family.



PAFT can help you to:

- understand how your child grows and develops
- know how to encourage your child's growth and development
- gain confidence in your parenting skills
- get the support and professional assistance you need for your child's health and development.

PAFT can help your child to:

- develop good language skills
- increase his or her ability to solve problems
- develop social skills
- have any health problems detected.

PAFT is an exciting opportunity to give your child the best possible start in life.

If your child is under four months, please contact the provider in your local area to join the programme. Enrolment criteria may apply.